

the *Carly Ryan* foundation. APP FACTS

HOT OR NOT



Hot or Not is an app that has its users rate the 'attractiveness' of the other users based on whatever photos they chose to share. Users then set up their account using photos of themselves. The user must also verify their gender, email address or Facebook account.

The Hot or Not website says it will not accept a profile unless the user is 13 or older. It also states that users from the ages of 13 - 17 can't chat or share photos with users who are older than 17. In saying that, there is no verification process.

Users can then log on to their account to see what other users think of them. If each user rates each other as 'hot' then they are able to send messages to each other within the app. Keeping in mind that there's no guarantee anyone is really who they say they are here.

Challenges

- Objectification
- Rejection
- Creates Low Self Esteem
- Users can be subjected to cyberbullying
- Users can find themselves being sent sexually explicit images
- No age verification needed
- Shares GPS Location

How do I block or report another user?

If you find someone's behaviour towards you or their language abusive, you can let the website know by clicking on the icon in the top right corner on their profile page, select 'Block or Report' and choose the reason.

How do I delete my Hot or Not account?

If you really want to delete your Hot or Not profile, just log into your account and click on

the cog icon on the top right corner of your profile page. Scroll down to the bottom of the page where it says 'Delete Account' and follow the instructions given.

Remember to talk to your child about which apps are age appropriate for them to use. Be sure to help them understand that other people's opinions should not define their self-worth as Hot or Not implies, and direct them to more teen-friendly apps.

The Carly Ryan foundation do not recommend this app appropriate for anyone under the age of 17 to use.

App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

carlyryanfoundation.com

TheCarlyRyanFoundation @thecarlyryanfoundation @TeamCarlyCRF

Carly Ryan Foundation Inc 2020